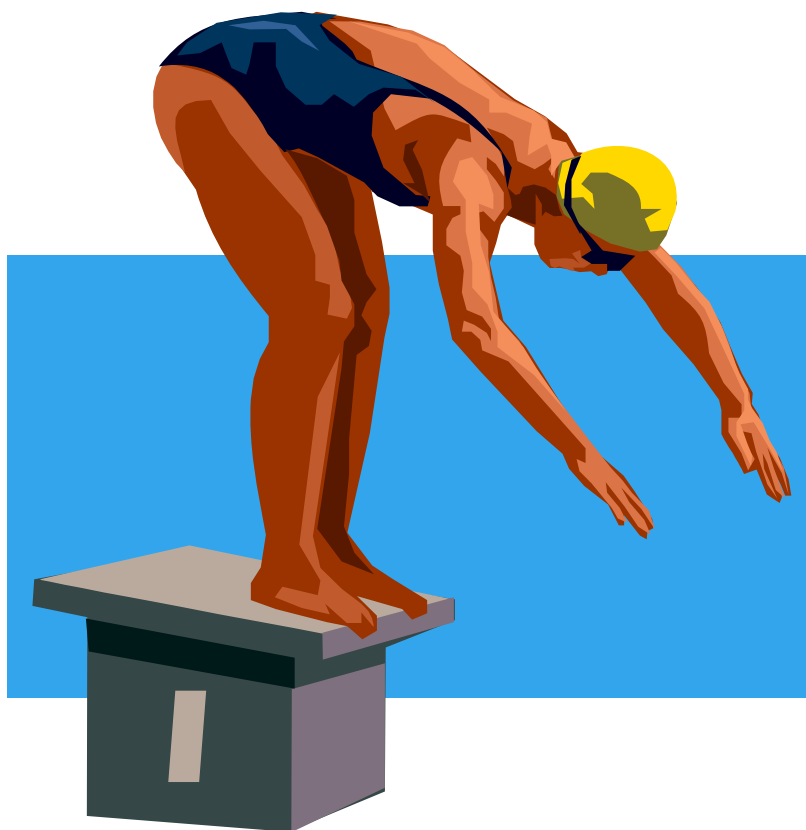




Section One
Girls' Swimming
Booklet
2011



Section One

Girls' Swimming Calendar

2011

First Practice permitted August 22, 2011 for all Conferences.

First Scrimmage permitted after 12 Practice days for Team - 10 days for Individual

First Game permitted after 12 Practice days for Team - 10 days for Individual

Minimum Number of Contests required for Team/Individual for Sectional/State competition – 6 contests. Each athlete must have been eligible for 6 contests prior to the Sectionals. An athlete who is not physically cleared to play **cannot** count that contest as one of the 6. A waiver must be approved by the Section One Athletic Council to allow a student to participate with less than 6 contests.

Maximum # of Contests – 16 Per Individual

Round	Date	Site	Time
-------	------	------	------

Section One Tournament

Division Diving	10/28	PACE University (Warm-up: 3:30pm Start: 4:30pm)	
Division Swimming	10/29		
Conference 1: Peekskill		Times TBD by site host	
Conference 2: White Plains			
Conference 3: Boys and Girls Club (Fox Lane)			
Conference 4: Felix Festa, Clarkstown			

Section One Tournament Finals

Individual/Relay Trials	11/7	Felix Festa Middle School	}
Diving – ALL	11/4	PACE University	
Individual and Relay Finals	11/9		
Blizzard/Rain out date	11/10		

All Sectional Meets have a 4:00 p.m. warm-up and 5:15 p.m. start.

State Championships

Travel Day	11/17	Erie Community College	
Trials – Diving and Swimming	11/18	Buffalo	
Finals –Diving and Swimming	11/19		
Travel Home – Meet completion	11/19	Approx. 3:30 pm with arrival in Westchester County around 11pm	

Coaches Meetings

Pre-Season Meeting	9/7	John Jay High School	7:00 p.m.
Seeding Meeting	11/1	White Plains High School	7:00 p.m.
Executive Committee Meeting	March 2011	TBA	TBA
Westchester Officials	9/12	White Plains High School	3:30 p.m.
Relay Carnival			

Section One tournament times and sites are tentative.

The Sports Committee will finalize the tournament at the Seeding Meeting.

REMINDER: Athletic Directors should make bus reservations well in advance of regional and state play.



Section One

***DUTCHESS COUNTY
PUTNAM COUNTY
ROCKLAND COUNTY
WESTCHESTER COUNTY***

INTRODUCTION

Interscholastic Athletics is an inherent part of the total education program for students in the secondary schools of Dutchess, Putnam, Rockland and Westchester Counties. Our athletic programs will be properly organized, administered, and conducted, to provide opportunities for students to participate in athletic activities which ensure the health and safety of the athletes and spectators, promote growth and development, teach social and recreational skills, and develop leadership qualities. These values are more rapidly attained when the program is founded upon the highest standards and ethical practices developed and adhered to by all member schools.

This handbook sets forth the policies and practices for participation in Section One post-season competition. It is designed to inform and update all coaches, athletic directors, principals and superintendents of the procedures set forth by the NYSPHSAA and the National Federation. These procedures and policies apply to all schools participating in post-season competition beginning with Sectional play and continuing through the State Tournament. Although dates may change from year to year, most information will remain constant.



Section One
GIRLS' SWIMMING HANDBOOK
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*******APPENDICES*******

School Commitment Form / Team Roster / Meet Roster
Principal's Permission Form / Diving-Group of the Week
Swimming Entry Form
Team of One Verification Form / Diving Order Sheet
2011 Rules Changes

Section One Girls' Swimming 2011

Sports Committee Members

Chairperson: Meg Kaplan

Co-Chairperson: Karen Peterson

Address: PO Box 53
15 Howe Street
South Salem, NY 10590

Address: Bronxville High School
177 Pondfield Road
Bronxville, NY 10708-4822

Phone: **(Day)** (914) 592-1648 X100
(Eve) (914) 763-8860
(Fax) (914) 592-1376
(e-mail) mkaplan@yai.org

Phone: **(Day)** (914) 395-0500

Committee Members:

Conference I	Athletic Director	TBA
Conference II	Athletic Director	Joe Ferranto, Yonkers High School
Conference III	Athletic Director	Patricia Seligman, Harrison High School
Conference IV	Athletic Director	Liam Frawley, Tappan Zee High School

Conference I	Coaches Rep	Ron Terwilliger, Arlington High School
Conference II	Coaches Rep	Patti Gilmartin, White Plains High School
Conference III	Coaches Rep	Carolyn Johnson, Fox Lane High School
Conference IV	Coaches Rep	Kirk Skoglund, Suffern High School

Other Members:

Official Association Reps:

Michael Kissane, Boys' & Girls', Westchester/Putnam
Margaret Stead, Boys' & Girls', Rockland
Doug Olympia, Boys' & Girls', Dutchess

Coaches Association:

Meg Kaplan, Westchester/Putnam/Rockland/Dutchess

CLASSIFICATION

Section One tournaments will be divided into groupings based upon the present New York State classifications. A school may not request to move up in class just for sectional competition. In the event of a two-year realignment or longer, a school forced to move up or down in classification as a result of a change in BEDS enrollment will not be penalized. Their school's winning percentage will be used to determine qualification for sectionals.

2011-2012 SPORT CLASSIFICATIONS FOR SECTIONAL AND STATE PLAY

This is the Classification structure for all sports as approved by the NYSPHSAA, Inc. and member Sections. If the enrollments for Classification are adjusted in the NYSPHSAA, Inc., the placement enrollment figures will be adjusted to mirror the State Placement Parameters.

<u>Team Sports</u>		
<u>5 Classes</u>	<u>3 Classes</u>	<u>2 Classes</u>
AA 925-up	A 915-up	A 1000-up
A 525-924	B 914-450	B 999-below
B 305-524	C 0-449	
C 175-304		Boys' Volleyball
D 174-below	Field Hockey	
Boys' Soccer		
Girls' Soccer		
Boys' Basketball		
Girls' Basketball		
Softball		
Baseball		

<u>Classification Variations</u>				
<u>Football</u>	<u>Boys' Lacrosse</u>	<u>Girls' Lacrosse</u>	<u>Cross Country</u>	<u>Girls' Volleyball</u>
AA 1000 +	A 1050 +	A 1050 +	A TBA	AA 1040 +
A 600-999	B 650-1049	B 675-1049	B "	A 690-1039
B 400-599	C 649-below	C 674-below	C "	B 436-689
C 260-399			D "	C 256-435
D 259-below	<u>Winter Track</u>	<u>Ice Hockey</u>		D 255-below
	A 800 +	1100 +		
	B 400-799	1099-below	<u>Boys' Volleyball</u>	
	C 399-below		A 1000 +	
			B 999-below	

<u>Individual Sports</u>	
<u>2 Classes</u>	<u>1 Class</u>
Division I 600-up	Bowling
Division II 0-599	Golf
	Gymnastics
Wrestling	Riflery
Outdoor Track & Field	Skiing
	Boys' Tennis
	Girls' Tennis
	Winter Track
	Girls' Swimming
	Boys' Swimming

**New York State
Public High School Athletic Association
BEDS Numbers
2011-2012**

New Rochelle	2633	Hendrick Hudson	647
Arlington	2544	Byram Hills	647
North Rockland	1950	Pelham	640
Mt. Vernon	1903	Pearl River	627
White Plains	1671	Nanuet	562
John Jay – East Fishkill	1630	Ardsley	537
Roy C. Ketcham	1471	Our Lady of Lourdes	531
Mahopac	1280	Putnam Valley	471
Carmel	1172	Irvington	466
Clarkstown South	1143	Edgemont	454
Mamaroneck	1118	Westlake	447
Suffern	1112	Pleasantville	442
Clarkstown North	1089	John F. Kennedy Catholic	436
Ramapo	1069	Briarcliff	419
Scarsdale	1046	Croton Harmon	416
Fox Lane	1036	Hastings	385
Lincoln	1016	Dover Plains	381
Yorktown	1012	Woodlands	358
Ossining	996	Albertus Magnus	356
Gorton	970	Bronxville	356
Horace Greeley	947	Dobbs Ferry	341
* Ursuline	920	North Salem	321
John Jay – Cross River	915	Rye Neck	315
Poughkeepsie	912	Valhalla	314
Port Chester	912	Blind Brook	313
Saunders	905	Pawling	311
Brewster	891	Hawthorne Cedar-Knolls	262
Spring Valley	882	Keio	257
Yonkers	856	Haldane	244
Tappan Zee	845	Tuckahoe	239
Lakeland	830	Palisades	231
Beacon	799	Solomon Schechter	218
Riverside	790	* Lincoln Hall	214
Walter Panas	785	Children’s Village	213
Somers	779	Martin Luther King	199
Harrison	761	Alexander Hamilton	190
Roosevelt	682	Mt. Pleasant Cottage	152
Peekskill	674	Yonkers Montessori	142
Nyack	665	Leake & Watts	139
Rye	662	Greenburgh/NC Yonkers	122
Sleepy Hollow	655	Clark Academy	105
Eastchester	654		

* Ursuline’s enrollment is multiplied by 2 – all girls’ school

* Lincoln Hall’s enrollment is multiplied by 2 – all boys’ school

OFFICIALS

SWBOCES will assign officials for **ALL** Section One contests in cooperation with individual sports Chairpersons.

HOW TO QUALIFY FOR SECTIONAL CHAMPIONSHIPS

Championship Trials will be the fastest 32 competitors per event. If the number of qualified competitors exceeds 32, then additional swimmers will be added to complete the heat. If the number of qualified competitors falls below 32, additional swimmers with the next fastest time will be added until the field reaches a total of 32. A coach is able to enter a swimmer/diver into Sectional Championships at the Sectional Seed Meeting, having completed all necessary forms to have the school compete and each school utilizing an entry card for each entry.

An individual is able to qualify for Sectional Championships via a Time Standard (See attached, which is the averaged time of 16th place over the past 5 (five) years from Section One Championships) and that individual must have participated in a minimum of 6 (six) meets during the regular season to be eligible for Section Championships. The time standard must have been achieved during the high school season. You cannot be entered with a USA time. Each school may enter a maximum of 4 (four) swimmers/divers in each event, not to exceed the limit of 2 (two) relays/2 (two) individual events or 3 (three) relays/1 (one) individual event per person. Please keep in mind that State Championships is a continuation of Sectional Championships, so if you qualify in one event at Sectionals, that is the event you must swim at State Championships.

A school is able to enter 1 relay team (4 swimmers) per relay event no matter what the seed time is, **allowing each school participating in Section One Swimming representation at the Championships in at least 3 events.** (200 Medley Relay, 200 Freestyle Relay and 400 Freestyle Relay).

Championship Finals will be the top 16 competitors and places 9 – 16 in the Consolation Finals and places 1 – 8 in the Finals. A swimmer in Consolations may not qualify/finish any higher than 9th place and a swimmer in Finals may qualify/finish no lower than 8th place.

HOW TO QUALIFY FOR STATE CHAMPIONSHIPS

An individual is able to automatically qualify for State Championships by finishing first in their respective event.

Section One Swimming and Diving

Jennifer Simmons – Section 1 Executive Director jsimmons@swboces.org
Meg Kaplan – Section 1 Swimming and Diving Coordinator – camelot93@optonline.net
Karen Peterson – Section 1 Swimming and Diving Athletic Director Coordinator – Bronxville HS

In-Season Qualifying Requirements

1. All Schools are REQUIRED to participate in the Section One website which can be located at www.Section1swim.com. The Section will pay the fee for all 2011 – 2012 teams. Therefore there is no direct cost to your school or yourself personally. All team information which includes your school name, the head coach, assistance coach, team mascot is due to John Coombs at john@computeraide.com by August 15 earlier would be preferred. Your final team roster is due to him with the full name of your swimmer/diver and their year in school by September 6th; i.e., Ann E. Smith no nick names such as Annie Smith.
2. All schools must provide a representative head coach, assistant coach or athletic director to attend the Joint Mandatory coaches meeting on September 7, 2011 at 7 PM at John Jay Cross River. If a school is NOT represented, then they are INELIGIBLE to participate in In-Season Qualifying for the 2011 – 2012 school year.
3. Meet results must be put into the Section 1 website within 48 Hours of the meet start. Results are time stamped and if put in later than 48 hours, it will be flagged and any time which met the standard for in-season qualification will be nullified.
4. At the SEED meeting, a copy of ALL meet score sheets with the referee signature in place and if using FAT (fully automatic timing) a copy of the printout for the meet will be required. Data will be kept for 7 years.
5. If FAT is not available, the use of 3 hand-held watches will be allowed. 1 watch will come from the lane timer, and 1 watch each from the home and visiting team (person to be determined by coach and cannot be a team member). For timing purposes during the meets, there should be a single timer behind each lane, even when FAT is available. Home school should be placed on visitors lanes and visitors should be placed on home lanes.
6. A swimmer can qualify for the 50 free and 100 free through swimming the lead off leg of the 200 Free or 400 Free relay IF all requirements of the start, stroke and finish are legal. Also, IF the relay team is disqualified, as long as it was not the lead off leg of the relay, then the time stands as valid.
7. The NYSPHSAA Protocol for Athletes to qualify must also be met for athlete to be eligible for participation in the NYSPHSAA Meet without exception.

**PROTOCOL FOR ATHLETES TO QUALIFY FOR THE
STATE SWIMMING AND DIVING CHAMPIONSHIPS**

1. Swimmers will have the opportunity to qualify for the NYSPHSAA/NYS Federation Championship Meet if they meet the event qualifying standard during the regular season.
2. Swimmers who have qualified for the NYSPHSAA/NYS Federation Championship Meet are required to participate in their respective Sectional Championship Meet. Swimmers are not required to swim the event(s) in which they have met the qualifying standard. If circumstances out of the swimmer's control, such as injury or illness, prohibited participation in the Sectional Championship Meet, the school may appeal to the Section.
3. The Section champion in each event will represent the Section in the NYSPHSAA/NYS Federation Championship Meet. If the champion chooses not to attend the State Meet, the Section may replace the swimmer with the 2nd place finisher only if no other swimmer met the qualifying standard for that event.
4. FAT Timing (Fully Automatic Timing) or three (3) handheld watches must be used for the time to meet the qualifying standard. Divers must be scored by NFHS certified officials.

**SECTION ONE GIRLS' SWIMMING AND DIVING
2011 SECTIONAL QUALIFYING TIMES**

200 MEDLEY RELAY	<i>ONE ENTRY PER TEAM</i>
200 FREESTYLE	<i>2:07.27</i>
200 INDIVIDUAL MEDLEY	<i>2:25.31</i>
50 FREESTYLE	<i>:26.96</i>
DIVING	<i>160 POINTS (3 JUDGES)***</i>
100 BUTTERFLY	<i>1:06.57</i>
100 FREESTYLE	<i>:59.44</i>
500 FREESTYLE	<i>5:48.32</i>
200 FREESTYLE RELAY	<i>ONE ENTRY PER TEAM</i>
100 BACKSTROKE	<i>1:07.92</i>
100 BREASTSTROKE	<i>1:16.07</i>
400 FREESTYLE RELAY	<i>ONE ENTRY PER TEAM</i>

**2011-2012 SECTION ONE GIRLS' SWIMMING AND DIVING
NYSPHSAA CHAMPIONSHIP QUALIFYING STANDARDS**

EVENT	STANDARD
200 MEDLEY RELAY	<i>1:53.55</i>
200 FREESTYLE	<i>1:58.11</i>
200 IM	<i>2:12.84</i>
50 FREESTYLE	<i>25.00</i>
1 METER DIVING	<i>409.55</i>
100 BUTTERFLY	<i>1:00.02</i>
100 FREESTYLE	<i>54.55</i>
500 FREESTYLE	<i>5:15.05</i>
200 FREESTYLE RELAY	<i>1:42.18</i>
100 BACKSTROKE	<i>1:00.94</i>
100 BREASTSTROKE	<i>1:08.60</i>
400 FREE RELAY	<i>3:43.22</i>

**NEW YORK STATE PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION, INC.**

SPORTSMANSHIP

The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

a) Coach

2. Any coach disqualified by a sport official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports, a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. **NOTE:** "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet.

Any coach:

- Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest; "Any coach that does not serve the penalty for violating the sportsmanship standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA".
 - Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
 - Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
2. A coach who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

SPORTSMANSHIP (continued)

b) Player

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, **including taunting**, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. In individual sports a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation.

Any player:

- Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
 - Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
 - Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent **to annoy, harass or intimidate** an official shall be expelled from the game immediately and banned from further participation in all sports **for a period of time to be determined by the section not to exceed one year from the date of the offense. NOTE:** Member of the squad includes player, manager, score keepers, times, and statisticians.

c) Official

1. Unprofessional conduct on the part of the official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the section executive director. A request will be made to the appropriate sport officials' chapter to investigate the incidence and to report their action to the section in a timely manner.



SECTION ONE
EJECTION AND CARD ACCUMULATION POLICY

1. When an athlete is ejected from a contest, the following action will be enforced:
 - a. First ejection - that player cannot attend or participate in the next scheduled contest.
 - b. Second ejection - that player cannot attend or participate in the next two scheduled games.
 - c. Third ejection - that player cannot attend or participate in any remaining contests including sectionals or any post season games.

Note: The student athlete must serve the penalty enforced during the regular season to be eligible for Sectional play. If a player is ejected from the final game of the season, he/she must sit out the first round of sectionals before he/she is eligible to play. If an athlete/coach is ejected in the final game of the season and participates in a sport during another season, he/she is ineligible to participate in the first scheduled contest. Example: A football player is ejected in his final game and also participates in baseball in the spring. He is ineligible for the first game of the baseball season.



SECTIONAL REPRESENTATION
TO REGIONAL & CHAMPIONSHIP GAMES

Sport	Individual	Team	No. of Participants Team Ind	No. Team Sports	Classes
• FALL					
Tennis-G	X		11		NA
Cross Country-B	X	X	(5)	(7) 12	4
Cross Country-G	X	X	(5)	(7) 12	4
Football		X		40	5
Soccer-B		X		25	5
Soccer-G		X		25	5
Swimming-G	X	X	Ω		NA
Field Hockey		X		25	3
Volleyball - Girls		X		19	5
Volleyball - Boys		X		19	2
• WINTER					
W Track-B	X		52		NA
W Track-G	X		59		NA
Gymnastics-G	X		15		NA
Swimming-B	X		Ω		NA
Bowling-B	X	X	(6)	(8) 14	NA
Bowling-G	X	X	(6)	(8) 14	NA
Skiing-B	X		12		NA
Skiing-G	X		12		NA
Wrestling	X		15		NA
Ice Hockey		X		25	2
Basketball-B		X		16	5
Basketball-G		X		16	5
• SPRING					
Golf	X		14		NA
S Track-B	X		84		2
S Track-G	X		84		2
Tennis-B	X		9		NA
Lacrosse-B		X		30	3
Lacrosse-G		X		30	2
Baseball		X		23	5
Softball		X		23	5

No. of Participants includes players, coaches, statisticians and other personnel.

ΩDetermined by State qualifying times.

POST SECTIONAL GUIDELINES AND PROCEDURES

New York State Code of Conduct:

Students may not participate in post Sectional play without a completely filled out and signed **Code of Conduct** form. These forms are to be collected at the site of each Regional and State level contest. It is recommended to have four (4) completed signed Code of Conduct forms for each athlete.

School District Responsibilities:

Each participating school should keep accurate records and receipts, which should be sent to the Section One Treasurer immediately following the completion of post Sectional play.

Section One does not reimburse any expenses for Regional contests.

Expenses for State Semi-Final contests are reimbursed only if the Semi-Final is played at the same site as the State Final (e.g. Football Semi-Final is held in Kingston. The reimbursement that a participating school would receive is transportation at the rate of \$1.00 per mile.) All transportation is reimbursed according to the State mileage chart.

Section One will provide meals, housing and some allowance for transportation.

The current meal allowance for individuals including gratuities is:

Breakfast	\$ 6.00
Lunch	\$ 7.00
Dinner	\$14.00

Additional expenses are the responsibility of the appropriate school district.

The school district is ultimately responsible for the behavior of its team while participating in post Sectional play.

Teams will be housed in the designated tournament headquarters only. Coaches must check all rooms for damage or misuse before paying the motel bill. The section will not be responsible for telephone or movie charges.

School districts must provide supervision appropriate for the activity. Some important considerations are crowd control, relationship with the opponent, the time of the event and facility limitations. Districts must also have same sex chaperones for teams with coaching staffs of the opposite sex.

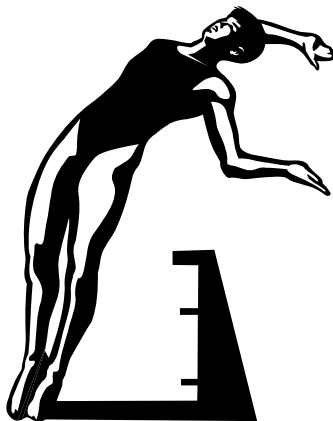
Game and practice equipment, scorekeepers, trainers, medical support and other related personnel might not be provided at the Regional level. Athletic Directors are encouraged to contact the host director for instructions regarding game conditions.

SECTION ONE SWIMMING AND DIVING 2011
GUIDELINES FOR CONFERENCE CHAMPIONSHIP MEET
FRIDAY, OCTOBER 28, 2011 AND SATURDAY, OCTOBER 29, 2011

1. ALL Conference Swimming Championship meets will take place on Saturday, October 29, 2011. Warm-up will be determined by each site director with start 1 hour after. Warm-Up times will be at the discretion of each meet director. Sites for 2011 are as follows:

Conference 1 - Peekskill
Conference 2 - White Plains
Conference 3 - Boys and Girls Club (Fox Lane)
Conference 4 - Felix Festa, Clarkstown
2. There are no cut off times for Conferences. Each team may enter up to four (4) contestants in individual events and one relay team, regardless of times. For All Conferences this is a true Championship meet.
3. Diving will be held on Friday, October 28, 2011 at PACE University (3:30 Warm-up, 4:30 Start). Divers will complete 6 dives as per dual meet format and the required dive for the meet will be from the 100 group (forward).
4. Whether or not to prepare a program will be the decision of each meet director.
5. Seeding for this meet will be completed in advance as per meet director *. Any team entering after the established deadline will not be included in the day's competition.
6. Each meet committee will be responsible for coaches and officials refreshments. Section One nor the Sectional Coordinator is responsible for this expense. Please divide the cost with all the teams in your league.

*** A faxed copy of Meet Entries is to be sent by deadline to Section Coordinator at fax number provided on page 3. (914) 592-1376**



SECTION ONE SWIMMING AND DIVING 2011
GUIDELINES FOR CONFERENCE CHAMPIONSHIP MEET
(Continued)

7. It is required by Section One that admission be charged to cover meet expenses. The money is to be turned in to the Swimming Coordinator at the Sectional Seed Meeting. The admission charge for Conference Championships is \$5.00 per person, no exceptions. **The admission charge for Sectional Finals is \$8.00 for Adults; \$5.00 for 12 & Under and Senior Citizens (62 and over).** Please make sure you have a responsible individual taking admissions.
8. Officials for each meet will be arranged by the Sectional Coordinator, the Presidents of Westchester and Rockland Swimming Officials and submitted to BOCES Director, Jennifer Simmons, for final approval.
9. Each Division will receive 21 "All-Division" plaques. It will be up to each meet committee to determine the selection of their All-Division athletes. Names of those chosen will be submitted to the Sectional Coordinator at the Sectional Seed meeting. Each school has the All-Division plaques and it then becomes the responsibility of each coach to provide the appropriate names to their respective Athletic Director. Please make sure that each school within your league receives at least one All-Division Plaque as all teams represented have at least one person deserving of this award. Typically, the All-Division plaques are distributed to any winner of an event, including relay teams and then the top finishers overall throughout the championship.
10. Medals are the responsibility of the Section and are awarded to the first, second and third place finishers. A plaque will be presented to the winning team in each Conference.
11. A completed copy of the meet results in each League, including All-Division selections, shall be forwarded to the Sectional Coordinator at the Sectional Seed Meeting.
12. Additional Guidelines will be established by each meet Director. Copies of additional guidelines will be given to the Swimming Coordinator prior to the Division Championship Meet as well as mailed information to the coaches/teams in your Division.
13. Independent teams do not participate in conference championships.

**SECTION ONE GIRLS' SWIMMING AND DIVING
2011 LEAGUE ALIGNMENT**

Conference 1

League A

Arlington
Beacon
JJEF
OL Lourdes
Poughkeepsie
RCK

League B

Brewster
JJCR
JFK Catholic
Lakeland/Panas
Peekskill
Putnam Valley
Yorktown

Conference 2

League A

Ardsley
Eastchester
Pelham
Riverside
Sleepy Hollow/Edgemont/Irvington

League B

Bronxville
Mamaroneck
New Rochelle
Scarsdale
Ursuline
White Plains

Conference 3

Briarcliff/Pleasantville/Westlake
Byram Hills
Fox Lane
Harrison
Hen Hudson/Croton
Horace Greeley
Keio
Ossining
Rye/Blind Brook/Rye Neck

Conference 4

Clarkstown North
East Ramapo
North Rockland
Nyack
Pearl River
Suffern
Tappan Zee

APPENDICES

- School Commitment Form
 - Team Roster
 - Meet Roster (online)
 - Principal's Permission Form
 - Diving-Group of the Week
 - Swimming Entry Form
 - Team of One/Verification Form
 - Dive Order Sheet
-



**SECTION ONE
SCHOOL COMMITMENT FORM
SWIMMING 2011**

SCHOOL _____

This is to certify that we, as designated representatives of our school district, commit our high school to participate in the Section One Girls' Swimming Tournament this year. We agree to abide by the rules, regulations, and playing conditions as set forth in the approved sport specific handbook. Furthermore, we hereby commit our school to participate in post-sectional competition as scheduled by NYSPHSAA, Inc.

It is also understood that if our facility does not meet appropriate site specifications, we will not be permitted to host a sectional game. We may offer a suitable neutral site no less than 24 hours before the contest. This site will serve as the "home" site for the higher seed. Failure to do this will result in the lower seed hosting the contest.

We further understand that for ALL home games, it is our responsibility to provide appropriate supervision and be responsible for costs associated with hosting a home contest. We also understand that it is our responsibility to provide appropriate supervision for any contests played at away or neutral sites.

Please check below:

Section One Tournament

- We will play a Sunday game _____
Yes No
- We will play a night game _____
Yes No

Regional Semi-Finals _____
Yes No

State and Federation Championships _____
Yes No

Coach (signature)

Athletic Director (signature)

Principal (signature)

Superintendent (signature)

NOTICE: MUST BE FAXED TO SW BOCES (914) 592-2940 BY November 1, 2011.

OUR TEAM WILL NOT BE ENTERING THE SECTION ONE TOURNAMENT.

Please return this sheet to:

Chairperson	Meg Kaplan	Work: (914) 592-1648 X100
Address	PO Box 53 15 Howe Street South Salem, NY 10590	Home: (914) 763-8860 Fax: (914) 592-1376

PRINCIPAL'S PERMISSION FORM

TO: SECTIONAL COORDINATOR

All Swimmers and Divers listed on the attached team roster are eligible (having participated in six meets during the regular season) and have permission to compete in the Section One Girls Swimming and Diving Championships. **NO VERBAL PERMISSION WILL BE ACCEPTED.**

SCHOOL: _____

PRINCIPAL*: _____

*or authorized representative (Athletic Director)

This form is to be attached to the team roster and submitted along with your entries at the Sectional Seed Meeting.

Section One
Swimming and Diving
2011

Diving-Group of the Week

<u>Week Beginning</u>	<u>Group Number</u>
September 12	100
September 19	200
September 26	400
October 3	500
October 10	300
October 17	100
October 24	200

First dive shall be the voluntary dive from the required group Maximum Degree of Difficulty will be 1.8

Divisional championship required Group Number is 100.

Sectional Dive Sheets (2) one-proof of 160 pts. signed by referee and Sectional Dive Order need to be brought to Sectional Seed Meeting.

SECTION ONE SWIMMING ENTRY FORM - 2011

TEAM: _____ COACH: _____

SCHOOL ADDRESS: _____ ASSISTANT: _____

OVERALL RECORD: _____

LEAGUE RECORD: _____

SCHOOL PHONE: _____

<u>SWIMMER (LAST NAME, FIRST)</u>	<u>GRADE</u>	<u>EVENT #/TIME</u>	<u>EVENT #/TIME</u>
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
13. _____	_____	_____	_____
14. _____	_____	_____	_____
15. _____	_____	_____	_____
16. _____	_____	_____	_____
17. _____	_____	_____	_____
18. _____	_____	_____	_____
19. _____	_____	_____	_____
20. _____	_____	_____	_____
21. _____	_____	_____	_____
22. _____	_____	_____	_____
23. _____	_____	_____	_____
24. _____	_____	_____	_____
25. _____	_____	_____	_____
26. _____	_____	_____	_____
27. _____	_____	_____	_____
28. _____	_____	_____	_____
29. _____	_____	_____	_____
30. _____	_____	_____	_____
31. _____	_____	_____	_____
32. _____	_____	_____	_____
33. _____	_____	_____	_____
34. _____	_____	_____	_____
35. _____	_____	_____	_____

SECTION ONE SWIMMING AND DIVING 2011

TEAM OF ONE/VERIFICATION FORM

SWIMMER/DIVERS NAME: _____

SWIMMER/DIVERS SCHOOL: _____

SCHOOL BOARD APPOINTED COACH: _____

ATHLETIC DIRECTOR: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE NUMER: _____

DATE/SITE	EVENT/TIME	EVENT/TIME	REFEREE SIGNATURE

THIS FORM MUST BE COMPLETED FOR SIX DUAL MEET COMPETITIONS THROUGHOUT THE REGULAR SEASON AND TURNED IN WITH THE ATHLETIC DIRECTOR'S SIGNATURE ONCE COMPLETED TO THE SECTION ONE COORDINATOR AT THE SECTIONAL SEED MEETING. WITHOUT THIS FORM COMPLETED, POST-SEASON COMPETITION WILL NOT BE PERMITTED.

SIGNATURE OF ATHLETIC DIRECTOR ONCE THE FORM IS COMPLETELY FILLED OUT AND SIGNED BY APPROPRIATE REFEREE _____.

Dive Order

NYSPHSAA Diving Championship

Place

Name _____ School _____ Section _____

	NO. of Dive	Description of the Dive	Pos	Degree of Diff	Judges Score							Judges Net Score	Total Score						
					1	2	3	4	5	6	7								
P R E L I M S	1	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	2	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	3	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	4	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	5	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
S E M I S	6	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	7	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	8	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
F I N A L S	9	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	10	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
	11	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist															
											Final Score								

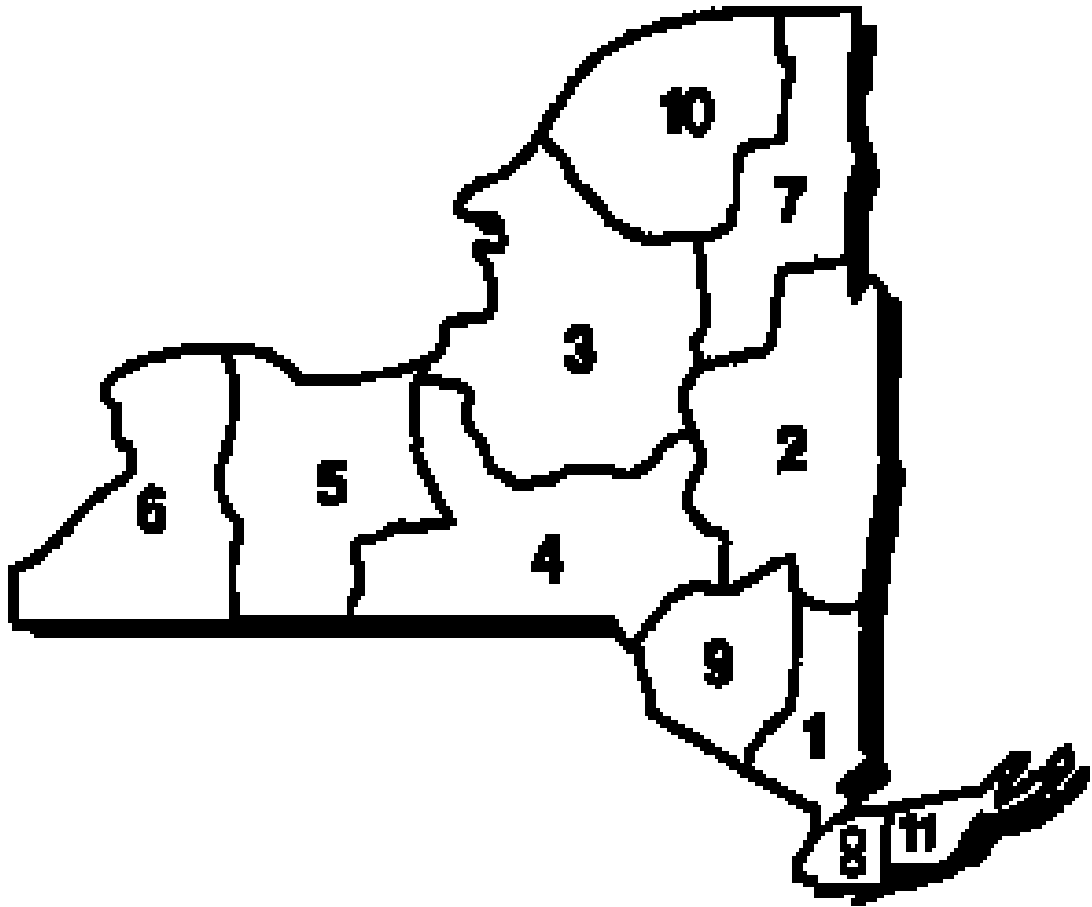
Championship Diving Requirements (5 Voluntary/6 Optional)

The five voluntary Dives shall come from each of the five groups with their assigned dd and have a sum total of 9.0 or less.

The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through semi-finals.

All five groups must be represented in the first eight rounds.

<i>Coach's Signature</i>	<i>Diver's Signature</i>	<i>Referee</i>
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STATE SECTIONAL MAP
