



Section One
Boys' Swimming
Booklet
2011 - 2012





**Section One
Boys' Swimming Calendar
2011 - 2012**

First Practice permitted November 14, 2011.

First Scrimmage permitted after 12 Practice days for Team – 10 days for Individual

First Game permitted after 12 Practice days for Team – 10 days for Individual

Minimum Number of Contests required for Team/Individual for Sectional/State competition – 6 contests. Each athlete must have been eligible for 6 contests prior to the Sectionals. An athlete who is not physically cleared to play **cannot** count that contest as one of the 6. A waiver must be approved by the Section One Athletic Council to allow a student to participate with less than 6 contests.

Round	Date	Site	Time
Section One Tournament			
Diving	2/3	PACE University	warm-up 3:30PM start 5:00PM
Swimming Division Championships	2/4		warm-up TBA start TBA
Conf. 1 – Peekskill, Conf. 2 – White Plains, Conf. 3 - SUNY Purchase 6pm start, Conf. 4 - Clarkstown			

Section One Tournament Finals

Diving	2/10	Pace University	warm-up 3:30PM, start 5:00PM
Individual Events Trials	2/13	Clarkstown Felix Festa MS	
Relay Trials	2/13	Clarkstown Felix Festa MS	warm-up 4PM, start 5PM
Indiv & Relay Finals	2/15	Clarkstown Felix Festa MS	warm-up 4PM, start 5PM

Thurs. & Fri., February 16 & 17 will be the make up day for Sectionals. In the event a day gets cancelled the schedule falls back 1 Day. Example: Tuesday gets cancelled then diving moves to Wednesday and the finals move to Thursday.

State Championships

Travel day 3/1/2012

Swim Trials	3/1	Erie Community College, Buffalo	(warm-up 10:00 a.m. start 12:00 p.m.)
Diving & Prelims	3/1	Erie Community College, Buffalo	(warm-up 12:00 p.m. start 3:30 p.m.)
Swimming & Diving Finals	3/2	Erie Community College, Buffalo	(Diving warm-up 9:00-10:00 a.m.) (Diving Finals 10:00 a.m.) (Swimming Finals 12:00 p.m.)

Coaches Meetings

Coaches Meeting	9/7	John Jay High School	7:00p.m.
Coaches Meeting for Seeds	2/6	White Plains	7:00p.m.
Coordinator Seeding Mtg	2/7	BOCES	9:00a.m.
Executive Committee Mtg.		TBA	TBA
*Westchester Officials Relay Carnival	12/5	White Plains	warm-up 3:30p.m.

Section One tournament times and sites are tentative.
The Sports Committee will finalize the tournament at the Seeding Meeting.



Section One

***DUTCHESS COUNTY
PUTNAM COUNTY
ROCKLAND COUNTY
WESTCHESTER COUNTY***

INTRODUCTION

Interscholastic Athletics is an inherent part of the total education program for students in the secondary schools of Dutchess, Putnam, Rockland and Westchester Counties. Our athletic programs will be properly organized, administered, and conducted, to provide opportunities for students to participate in athletic activities which ensure the health and safety of the athletes and spectators, promote growth and development, teach social and recreational skills, and develop leadership qualities. These values are more rapidly attained when the program is founded upon the highest standards and ethical practices developed and adhered to by all member schools.

This handbook sets forth the policies and practices for participation in Section One post-season competition. It is designed to inform and update all coaches, athletic directors, principals and superintendents of the procedures set forth by the NYSPHSAA and the National Federation. These procedures and policies apply to all schools participating in post-season competition beginning with Sectional play and continuing through the State Tournament. Although dates may change from year to year, most information will remain constant



Section One

BOYS' SWIMMING HANDBOOK

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 Swimming & Diving Entry Form / Dive Order Sheet
 School Commitment Form / Diving Group of the Week
 Code of Conduct & Meet Roster (Online)

**Section One Boys' Swimming
2011 - 2012**

Sports Committee Members

Chairperson: Meg Kaplan

Co-Chairperson: Karen Peterson

Address: PO Box 53
15 Howe Street
South Salem, NY 10590

Address: Bronxville High School
177 Pondfield Road
Bronxville, NY 10708-4822

Phone: **(Day)** (914) 592-1648 X100
 (Eve) (914) 763-8860
 (Fax) (914) 592-1376
 (Pager) (917) 451-8508
 (email) mkaplan@yai.org

Phone: **(Day)** (914) 395-0500
 (Eve)
 (Fax)
 (Cell)
 (email) karpety@aol.com

Committee Members:

Conference I	Athletic Director	John Augusta, Lakeland/Panas
Conference II	Athletic Director	Karen Peterson, Bronxville High School
Conference III	Athletic Director	Chris Drosopoulos, Briarcliff High School
Conference IV	Athletic Director	Liam Frawley, Tappan Zee High School

Conference I	Coaches Rep	Mark Piggott, John Jay East Fishkill
Conference II	Coaches Rep	Patty Gilmartin, White Plains High School
Conference III	Coaches Rep	Carolyn Johnson, Fox Lane High School
Conference IV	Coaches Rep	David Holmes, North Rockland HS

Other Members:

Conference I	Clare Carr, Brewster High School/John Jay
Conference II	Tim Calahan, Scarsdale High School
	Paul McClintock, Officials Rep., Rules Interpreter
Conference IV	Dan Rafferty, Tappan Zee High School

Official Association Reps:

Margaret Stead, Rockland
Doug Olympia, Dutchess
Michael Kissane, Westchester/Putnam

Coaches Association Reps:

Meg Kaplan, Rockland/Dutchess/Westchester/Putnam

CLASSIFICATION

Section One tournaments will be divided into groupings based upon the present New York State classifications. A school may not request to move up in class just for sectional competition. In the event of a two-year realignment or longer, a school forced to move up or down in classification as a result of a change in BEDS enrollment will not be penalized. Their school's winning percentage will be used to determine qualification for sectionals..

2011-2012 SPORT CLASSIFICATIONS FOR SECTIONAL AND STATE PLAY

This is the Classification structure for all sports as approved by the NYSPHSAA, Inc. and member Sections. If the enrollments for Classification are adjusted in the NYSPHSAA, Inc., the placement enrollment figures will be adjusted to mirror the State Placement Parameters.

<u>Team Sports</u>		
<u>5 Classes</u>	<u>3 Classes</u>	<u>2 Classes</u>
AA 925-up	A 915-up	A 1000 - up
A 525-924	B 914-450	B 999 - below
B 305-524	C 0-449	
C 175-304		Boys' Volleyball
D 0-174	Field Hockey	
Boys' Soccer		
Girls' Soccer		
Boys' Basketball		
Girls' Basketball		
Softball		
Baseball		

<u>Classification Variations</u>				
<u>Football</u>	<u>Boys' Lacrosse</u>	<u>Girls' Lacrosse</u>	<u>Cross Country</u>	<u>Girls' Volleyball</u>
AA 1000 +	A 1050 +	A 1050 +	TBA	AA 1040 +
A 600-999	B 650-1049	B 675-1049		A 690-1039
B 400-599	C/D 649-below	C 674-below		B 436-689
C 260-399				C 256-435
D 259-below	<u>Winter Track</u>	<u>Boys' Volleyball</u>		D 255-below
	A 800 +	A 1000 +		
	B 400-799	B 999-below	<u>Ice Hockey</u>	
	C 399-below		1100-up	
			1099-below	

<u>Individual Sports</u>	
<u>2 Classes</u>	<u>1 Class</u>
Division I 600-up	Bowling
Division II 0-599	Golf
	Gymnastics
Wrestling	Riflery
Outdoor Track & Field	Skiing
	Boys' Tennis
	Girls' Tennis
	Winter Track
	Boys' Swimming
	Girls' Swimming

**New York State
Public High School Athletic Association
BEDS Numbers
2011-2012**

New Rochelle	2633	Hendrick Hudson	647
Arlington	2544	Byram Hills	647
North Rockland	1950	Pelham	640
Mt. Vernon	1903	Pearl River	627
White Plains	1671	Nanuet	562
John Jay – East Fishkill	1630	Ardsley	537
Roy C. Ketcham	1471	Our Lady of Lourdes	531
Mahopac	1280	Putnam Valley	471
Carmel	1172	Irvington	466
Clarkstown South	1143	Edgemont	454
Mamaroneck	1118	Westlake	447
Suffern	1112	Pleasantville	442
Clarkstown North	1089	John F. Kennedy Catholic	436
Ramapo	1069	Briarcliff	419
Scarsdale	1046	Croton Harmon	416
Fox Lane	1036	Hastings	385
Lincoln	1016	Dover Plains	381
Yorktown	1012	Woodlands	358
Ossining	996	Albertus Magnus	356
Gorton	970	Bronxville	356
Horace Greeley	947	Dobbs Ferry	341
* Ursuline	920	North Salem	321
John Jay – Cross River	915	Rye Neck	315
Poughkeepsie	912	Valhalla	314
Port Chester	912	Blind Brook	313
Saunders	905	Pawling	311
Brewster	891	Hawthorne Cedar-Knolls	262
Spring Valley	882	Keio	257
Yonkers	856	Haldane	244
Tappan Zee	845	Tuckahoe	239
Lakeland	830	Palisades	231
Beacon	799	Solomon Schechter	218
Riverside	790	* Lincoln Hall	214
Walter Panas	785	Children’s Village	213
Somers	779	Martin Luther King	199
Harrison	761	Alexander Hamilton	190
Roosevelt	682	Mt. Pleasant Cottage	152
Peekskill	674	Yonkers Montessori	142
Nyack	665	Leake & Watts	139
Rye	662	Greenburgh/NC Yonkers	122
Sleepy Hollow	655	Clark Academy	105
Eastchester	654		

* Ursuline’s enrollment is multiplied by 2 – all girls school

* Lincoln Hall’s enrollment is multiplied by 2 – all boys school



HEAT INDEX PROCEDURES

Administration of Heat Index Procedures:

- Heat index will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- The athletic trainer, athletic director, or school designee will use the accuweather.com website to determine the heat index for the area of the contest/practice. The accuweather.com website can be reached through the NYS PHSAA website. Once a person is on the accuweather.com website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the RealFeel temperature (heat index).
- If the RealFeel temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the RealFeel (heat index) at halftime or midway point of the contest. If the RealFeel (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	RealFeel (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: RealFeel (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: RealFeel (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when ReelFeel temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: RealFeel (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when ReelFeel temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: RealFeel (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010

Wind Chill Procedures can be found on the SW BOCES website.

Section One Swimming and Diving

Jennifer Simmons – Section 1 Executive Director jsimmons@swbooces.org
Meg Kaplan – Section 1 Swimming and Diving Coordinator – camelot93@optonline.net
Karen Peterson – Section 1 Swimming and Diving Athletic Director Coordinator – Bronxville HS

In-Season Qualifying Requirements

1. All Schools are REQUIRED to participate in the Section One website which can be located at www.Section1swim.com. The Section will pay the fee for all 2011 – 2012 teams. Therefore there is no direct cost to your school or yourself personally. All team information which includes your school name, the head coach, assistance coach, team mascot is due to John Coombs at john@computeraide.com by August 15 earlier would be preferred. Your final team roster is due to him with the full name of your swimmer/diver and their year in school by September 6th; i.e., Ann E. Smith no nick names such as Annie Smith.
2. All schools must provide a representative head coach, assistant coach or athletic director to attend the Joint Mandatory coaches meeting on September 7, 2011 at 7 PM at John Jay Cross River. If a school is NOT represented, then they are INELIGIBLE to participate in In-Season Qualifying for the 2011 – 2012 school year.
3. Meet results must be put into the Section 1 website within 48 Hours of the meet start. Results are time stamped and if put in later than 48 hours, it will be flagged and any time which met the standard for in-season qualification will be nullified.
4. At the SEED meeting, a copy of ALL meet score sheets with the referee signature in place and if using FAT (fully automatic timing) a copy of the printout for the meet will be required. Data will be kept for 7 years.
5. If FAT is not available, the use of 3 hand-held watches will be allowed. 1 watch will come from the lane timer, and 1 watch each from the home and visiting team (person to be determined by coach and cannot be a team member). For timing purposes during the meets, there should be a single timer behind each lane, even when FAT is available. Home school should be placed on visitors lanes and visitors should be placed on home lanes.
6. A swimmer can qualify for the 50 free and 100 free through swimming the lead off leg of the 200 Free or 400 Free relay IF all requirements of the start, stroke and finish are legal. Also, IF the relay team is disqualified, as long as it was not the lead off leg of the relay, then the time stands as valid.
7. The NYSPHSAA Protocol for Athletes to qualify must also be met for athlete to be eligible for participation in the NYSPHSAA Meet without exception.

PROTOCOL FOR ATHLETES TO QUALIFY FOR THE STATE SWIMMING AND DIVING CHAMPIONSHIPS

1. Swimmers will have the opportunity to qualify for the NYSPHSAA/NYS Federation Championship Meet if they meet the event qualifying standard during the regular season.
2. Swimmers who have qualified for the NYSPHSAA/NYS Federation Championship Meet are required to participate in their respective Sectional Championship Meet. Swimmers are not required to swim the event(s) in which they have met the qualifying standard. If circumstances out of the swimmer's control, such as injury or illness, prohibited participation in the Sectional Championship Meet, the school may appeal to the Section.
3. The Section champion in each event will represent the Section in the NYSPHSAA/NYS Federation Championship Meet. If the champion chooses not to attend the State Meet, the Section may replace the swimmer with the 2nd place finisher only if no other swimmer met the qualifying standard for that event.
4. FAT Timing (Fully Automatic Timing) or three (3) handheld watches must be used for the time to meet the qualifying standard. Divers must be scored by NFHS certified officials.



**NEW YORK STATE PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION, INC.**

SPORTSMANSHIP

The Association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

a) Coach

1. Any coach disqualified by a sport official from an interschool competition for unsportsmanlike conduct, including taunting, is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports, a multi-day contest is considered to be a contest. Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site. **NOTE:** "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet.

Any coach:

- Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest; "Any coach that does not serve the penalty for violating the sportsmanship standard will be ineligible to participate in the next two regularly scheduled contests. If the coach continues to not serve the penalty, the matter will be referred to the Section for further action. If the coach is involved in the NYSPHSAA play-offs, the matter will be referred to the Executive Director of the NYSPHSAA".
 - Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
 - Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
2. A coach who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass or intimidate another person (e.g. official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for a period of time to be determined by the section not to exceed one year from the date of the offense.

**NEW YORK STATE PUBLIC HIGH SCHOOL
ATHLETIC ASSOCIATION, INC.
SPORTSMANSHIP (cont'd)**

b) Player

1. Any member of a squad disqualified by a sport official for unsportsmanlike conduct, **including taunting**, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. In individual sports a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted. Disqualifications from one season carry over to the next season of participation.

Any player:

- Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest;
 - Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
 - Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.
2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent **to annoy, harass or intimidate** an official shall be expelled from the game immediately and banned from further participation in all sports **for a period of time to be determined by the section not to exceed one year from the date of the offense.**
NOTE: Member of the squad includes player, manager, score keepers, times, and statisticians.

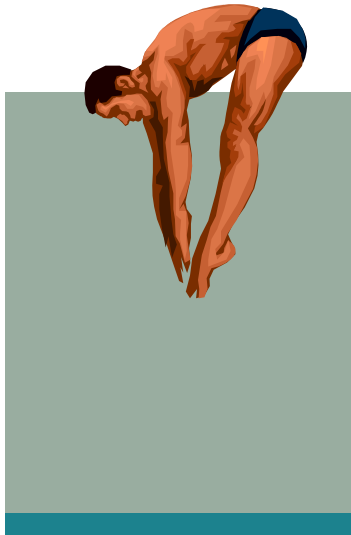
c) Official

1. Unprofessional conduct on the part of the official such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the section executive director. A request will be made to the appropriate sport officials' chapter to investigate the incidence and to report their action to the section in a timely manner.

SECTION ONE
EJECTION AND CARD ACCUMULATION POLICY

1. When an athlete is ejected from a contest, the following action will be enforced:
 - a. First ejection - that player cannot attend or participate in the next scheduled contest.
 - b. Second ejection - that player cannot attend or participate in the next two scheduled games.
 - c. Third ejection - that player cannot attend or participate in any remaining contests including sectionals or any post season games.

Note: The student athlete must serve the penalty enforced during the regular season to be eligible for Sectional play. If a player is ejected from the final game of the season, he/she must sit out the first round of sectionals before he/she is eligible to play. If an athlete/coach is ejected in the final game of the season and participates in a sport during another season, he/she is ineligible to participate in the first scheduled contest. Example: A football player is ejected in his final game and also participates in baseball in the spring. He is ineligible for the first game of the baseball season.



SECTIONAL REPRESENTATION
TO REGIONAL & CHAMPIONSHIP GAMES

Sport	Individual	Team	No. of Participants Team Ind	No. Team Sports	Classes
• FALL					
Tennis-G	X		11		NA
Cross Country-B	X	X	(5)	(7) 12	4
Cross Country-G	X	X	(5)	(7) 12	4
Football		X		40	5
Soccer-B		X		25	5
Soccer-G		X		25	5
Swimming-G	X	X	*		NA
Field Hockey		X		25	3
Volleyball-Girls'		X		19	5
Volleyball-Boys'		X		19	2
• WINTER					
W Track-B	X		52		NA
W Track-G	X		59		NA
Gymnastics-G	X		15		NA
Swimming-B	X		*		NA
Bowling-B	X	X	(6)	(8) 14	NA
Bowling-G	X	X	(6)	(8) 14	NA
Skiing-B	X		9		NA
Skiing-G	X		9		NA
Wrestling	X		15		NA
Ice Hockey		X		25	2
Basketball-B		X		16	5
Basketball-G		X		16	5
• SPRING					
Golf	X		14		NA
S Track-B	X		84		2
S Track-G	X		84		2
Tennis-B	X		9		NA
Lacrosse-B		X		30	3
Lacrosse-G		X		30	3
Baseball		X		23	5
Softball		X		23	5

No. of Participants includes players, coaches, statisticians and other personnel.

*Determined by State qualifying times.

POST SECTIONAL GUIDELINES AND PROCEDURES

New York State Code of Conduct:

Students may not participate in post Sectional play without a completely filled out and signed **Code of Conduct** form. These forms are to be collected at the site of each Regional and State level contest. It is recommended to have four (4) completed signed Code of Conduct forms for each athlete.

School District Responsibilities:

Each participating school should keep accurate records and receipts, which should be sent to the Section One Treasurer immediately following the completion of post Sectional play.

Section One does not reimburse any expenses for Regional contests.

Expenses for State Semi-Final contests are reimbursed only if the Semi-Final is played at the same site as the State Final (e.g. Football Semi-Final is held in Kingston. The reimbursement that a participating school would receive is transportation at the rate of \$1.00 per mile.) All transportation is reimbursed according to the State mileage chart.

Section One will provide meals, housing and some allowance for transportation.

The current meal allowance for individuals including gratuities is:

Breakfast	\$ 6.00
Lunch	\$ 7.00
Dinner	\$14.00

Additional expenses are the responsibility of the appropriate school district.

The school district is ultimately responsible for the behavior of its team while participating in post Sectional play.

Teams will be housed in the designated tournament headquarters only. Coaches must check all rooms for damage or misuse before paying the motel bill. The section will not be responsible for telephone or movie charges.

School districts must provide supervision appropriate for the activity. Some important considerations are crowd control, relationship with the opponent, the time of the event and facility limitations. Districts must also have same sex chaperones for teams with coaching staffs of the opposite sex.

Game and practice equipment, scorekeepers, trainers, medical support and other related personnel might not be provided at the Regional level. Athletic Directors are encouraged to contact the host director for instructions regarding game conditions.

**SECTION ONE SWIMMING AND DIVING 2011-2012
GUIDELINES FOR DIVISIONAL CHAMPIONSHIP MEET
FRI., FEBRUARY 3, AND SAT., FEBRUARY 4, 2012**

1. ALL Divisional Swimming Championship meets will take place on Saturday, February 4. Warm-up times will be at the discretion of each meet director. Sites for 2011 are as follows:

Diving: All Divisions Pace University

Conference 1 – Peekskill

Conference 2 – White Plains

Conference 3 – SUNY Purchase, 5pm Warm-up, 6pm Start

Conference 4 – Clarkstown

2. There are no cut off times for Divisionals. Each team may enter up to four (4) contestants in individual events and one relay team, regardless of times. All Leagues are a true Championship meet.

3. Diving will be held on Friday, February 3, at Pace University, 3:00 p.m. warm-up, 5:00 p.m. start. Divers will complete 6 dives as per dual meet format and the required dive for the meet will be from the 100 group (forward).

4. Whether or not to prepare a program will be the decision of each meet director.

5. Seeding for this meet will be in advanced fax as per meet director*. Packets should be available within 2-3 weeks prior to this championship.

6. Each meet committee will be responsible for coaches' and officials' refreshments. Section One nor the Sectional Coordinator is responsible for this expense. Please divide the cost with all the teams in your league.

*** Email a copy of Meet Entries by the deadline to Section Coordinator at mkaplan@yai.org.**

7. It is required by Section One that admission be charged to cover meet expenses. The money is to be turned in to the Swimming Coordinator at the Sectional Seed Meeting. An admission fee will be charged for all Final games. **\$8.00 Admission, \$5 Children 12 & under and Senior Citizens (62 and over). \$5 per Divisional Meet including diving.** Please make sure you have a responsible individual taking admissions.

**SECTION ONE SWIMMING AND DIVING 2011-2012
GUIDELINES FOR DIVISIONAL CHAMPIONSHIP MEET
(Continued)**

8. Each Divisional will receive 21 “All-Division” plaques. It will be up to each meet committee to determine the selection of their All-Division athletes. Names of those chosen will be submitted to the Sectional Coordinator at the Sectional Seed meeting. Each school has the All-Division plaques and it then becomes the responsibility of each coach to provide the appropriate names to their respective Athletic Director. Please make sure that each school within your league receives at least one All-Division Plaque as all teams represented have at least one person deserving of this award. Typically, the All-Division plaques are distributed to any winner of an event, including relay teams and then the top finishers overall throughout the championship.

9. Medals are the responsibility of the Section and are awarded to the first, second and third place finishers. A plaque will be presented to the winning team in each League.

10. A completed copy of the meet results in each League, including All-Division selections, shall be forwarded to the Sectional Coordinator at the Sectional Seed Meeting.

11. Additional Guidelines will be established by each meet Director. Meet Directors must furnish Guidelines 3 weeks prior to meet date to all Teams. Copies of additional guidelines will be given to the Swimming Coordinator prior to the Division Championship Meet as well as mailed information to the coaches / teams in your Division.

12. Teams of one may participate in divisional championships with Athletic Director’s approval and notification to the Sectional Coordinator.



SECTION ONE SWIMMING AND DIVING WINTER 2011 – 2012

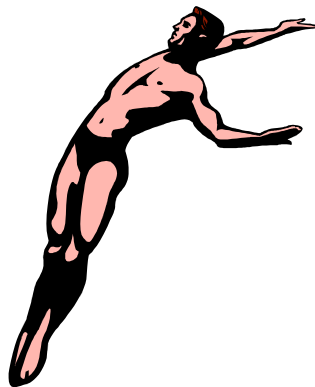
HOW TO QUALIFY FOR SECTIONAL CHAMPIONSHIPS

Championship Trials will be the fastest 32 competitors per event. If the number of qualified competitors exceeds 32, then additional swimmers will be added to complete the heat. If the number of qualified competitors falls below 32, additional swimmers with the next fastest time will be added until the field reaches a total of 32. A coach is able to enter a swimmer/diver into Sectional Championships at the Sectional Seed Meeting, having completed all necessary forms to have the School compete and each school utilizing an entry card for each entry.

An individual is able to qualify for Sectional Championships via a Time Standard (See attached, which is the averaged time of 16th place over the past 5 (five) years from Section One Championships) and that individual must have participated in a minimum of 6 (six) meets during the regular season to be eligible for Section Championships. Each school may enter a maximum of 4 (four) swimmers/divers in each event, not to exceed the limit of 2 (two) relays/2 (two) individual events or 3 (three) relays/1 (one) individual event per person.

A School is able to enter 1 (one) relay team (4 (four) swimmers) per relay event no matter what the seed time is, allowing **each school participating in Section One Swimming representation the Championships in at least 3 (three) events.** (200 Medley Relay, 200 Freestyle Relay, and 400 Freestyle Relay).

Championship Finals will be the top 16 competitors and places 9 – 16 in the Consolation Finals and places 1 – 8 in the Finals. A swimmer in consolations may not qualify/finish any higher than 9th place and a swimmer in finals may qualify/finish no lower than 8th place.



**SECTION ONE BOYS' SWIMMING AND DIVING
2011 - 2012 LEAGUE ALIGNMENT**

Conference 1

Arlington
Beacon
Brewster/John Jay
Lakeland/Panas/ Put. Valley
OL Lourdes
Peekskill
Poughkeepsie
Wappingers
Yorktown

Conference 2

Ardsley/Hastings/Edgemont
Eastchester
Mamaroneck
Mount Vernon
New Rochelle
Scarsdale
White Plains

Conference 3

Briarcliff/Byram Hills/P'ville/Valhalla/Westlake
Fox Lane
Harrison
Horace Greeley
Keio
Ossining
Rye/Blind Brook/Rye Neck

Conference 4

Clarkstown No./Clarkstown So.
East Ramapo/Spring Valley
North Rockland
Nyack
Pearl River
Suffern
Tappan Zee

OFFICIALS

SWBOCES will assign officials for **ALL** Section One contests in cooperation with individual Sports Chairpersons.

TIEBREAKING PROCEDURE

When there is a tie between 8th and 9th place qualifiers, a swim off will be held. The winner will be declared the 8th place qualifier. The loser becomes 9th place.

If the meet is held in a 6-lane pool and there is a tie between 6th and 7th place, the same tiebreaker procedure applies.

PROTEST PROCEDURE

Site Chairperson and two members of the Executive Committee, plus meet referee. Names will be found in meet program.

**SECTION ONE
QUALIFYING STANDARDS 2011-2012**

EVENT	
200 Medley Relay	1 Per Team
200 Freestyle	1:59.19
200 Individual Medley	2:14.50
50 Freestyle	:24.24
Diving (6)	160 pts
100 Butterfly	1:01.53
100 Freestyle	:54.51
500 Freestyle	5:29.95
200 Freestyle Relay	1 Per Team
100 Backstroke	:55.94
100 Breaststroke	1:09.99
400 Freestyle Relay	1 Per Team

**BOYS' NEW YORK STATE MEET
QUALIFIER TIMES 2012**

EVENT	STATE QUALIFY
200 Medley Relay	1/Sect (1:40.67)
200 Freestyle	1:47.60
200 Individual Medley	2:01.62
50 Freestyle	:22.29
Diving (11)	420.35
100 Butterfly	:54.30
100 Freestyle	:48.94
500 Freestyle	4:54.64
200 Freestyle Relay	1/Sect (1:30.12)
100 Backstroke	:55.57
100 Breaststroke	1:02.30
400 Freestyle Relay	1/Sect (3:19.59)

APPENDICES

- **Code of Conduct (Online)**
- **Team Roster**
- **Principal's Permission Form**
- **Independent Verification Form**
- **Swimming & Diving Master Sheet**
- **Swimming & Diving Entry Form**
- **Dive Order Sheet**
- **School Commitment Form**
- **Diving Group of the Week**
- **Meet Roster (Online)**

PRINCIPAL'S PERMISSION FORM 2011-2012

TO: SECTIONAL COORDINATOR

All Swimmers and Divers listed on the attached team roster are eligible (having participated in six meets during the regular season) and have permission to compete in the Section One Boys' Swimming and Diving Championships. **NO VERBAL PERMISSION WILL BE ACCEPTED.**

SCHOOL: _____

PRINCIPAL*: _____

*or authorized representative (Athletic Director)

This form is to be attached to the team roster and submitted along with your entries at the Sectional Seed Meeting.

All times submitted by the coach are accurate and have been achieved by the swimmer during the season in a High School competition.

COACH

ATHLETIC DIRECTOR

SECTION ONE SWIMMING AND DIVING 2011-2012

INDEPENDENT VERIFICATION FORM

SWIMMER/DIVERS NAME: _____

SWIMMER/DIVERS SCHOOL: _____

SCHOOL BOARD APPOINTED COACH: _____

ATHLETIC DIRECTOR: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE NUMBER: _____

DATE/SITE	EVENT/TIME	EVENT/TIME	REFEREE SIGNATURE

THIS FORM MUST BE COMPLETED FOR SIX DUAL MEET COMPETITIONS THROUGHOUT THE REGULAR SEASON AND TURNED IN WITH THE ATHLETIC DIRECTOR'S SIGNATURE ONCE COMPLETED TO THE SECTION ONE COORDINATOR AT THE SECTIONAL SEED MEETING. WITHOUT THIS FORM COMPLETED, POST-SEASON COMPETITION WILL NOT BE PERMITTED.

SIGNATURE OF ATHLETIC DIRECTOR ONCE THE FORM IS COMPLETELY FILLED OUT AND SIGNED BY APPROPRIATE REFEREE _____.

**SECTION ONE SWIMMING AND DIVING 2011–2012
SWIMMING MASTER SHEET**

Event #1: 200 Medley Relay	TIME
Event #2: 200 Freestyle	TIME
Event #3: 200 Individual Medley	TIME
Event #4: 50 FREE	TIME
Event #5: Diving	TIME
Event #6: 100 Butterfly	TIME

Event #7: 100 Freestyle	TIME
Event #8: 500 Freestyle	TIME
Event #9: 200 Free Relay	TIME
Event #10: 100 Backstroke	TIME
Event #11: 100 Breaststroke	TIME
Event #12: 400 Free Relay	TIME

SCHOOL NAME: _____

COACH'S NAME _____

RECORD _____

SECTION ONE SWIMMING & DIVING ENTRY FORM 2011-2012

TEAM: _____ **COACH:** _____

SCHOOL ADDRESS: _____ **ASSISTANT:** _____

_____ **OVERALL RECORD:** _____

_____ **LEAGUE RECORD:** _____

SCHOOL PHONE: _____

SWIMMER (LAST NAME, FIRST)	GRADE	EVENT #/TIME	EVENT#/TIME
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____
13. _____	_____	_____	_____
14. _____	_____	_____	_____
15. _____	_____	_____	_____
16. _____	_____	_____	_____
17. _____	_____	_____	_____
18. _____	_____	_____	_____
19. _____	_____	_____	_____
20. _____	_____	_____	_____
21. _____	_____	_____	_____
22. _____	_____	_____	_____
23. _____	_____	_____	_____
24. _____	_____	_____	_____
25. _____	_____	_____	_____
26. _____	_____	_____	_____
27. _____	_____	_____	_____
28. _____	_____	_____	_____
29. _____	_____	_____	_____
30. _____	_____	_____	_____
31. _____	_____	_____	_____
32. _____	_____	_____	_____
33. _____	_____	_____	_____
34. _____	_____	_____	_____
35. _____	_____	_____	_____

Dive Order

NYSPHSAA Diving Championship

Place

Name _____ School _____ Section _____

	NO. of Dive	Description of the Dive	Pos	Degree of Diff	Judges Score							Judges Net Score	Total Score			
					1	2	3	4	5	6	7					
P R E L I M S	1	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist												
	2	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	3	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	4	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	5	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
2 Vol																
3 Opt																
S E M I S	6	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	7	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	8	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
2 Vol																
1 Opt																
F I N A L S	9	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	10	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
	11	Forward Back Reverse Inward	____ ____ ____ ____	SS Twist									+			
1 Vol																
2 Opt																
											Final Score					

Championship Diving Requirements (5 Voluntary/6 Optional)

The five voluntary Dives shall come from each of the five groups with their assigned dd and have a sum total of 9.0 or less.

The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through semi-finals.

All five groups must be represented in the first eight rounds.

<i>Coach's Signature</i>	<i>Diver's Signature</i>	<i>Referee</i>
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Section One
Swimming and Diving
2011 - 2012

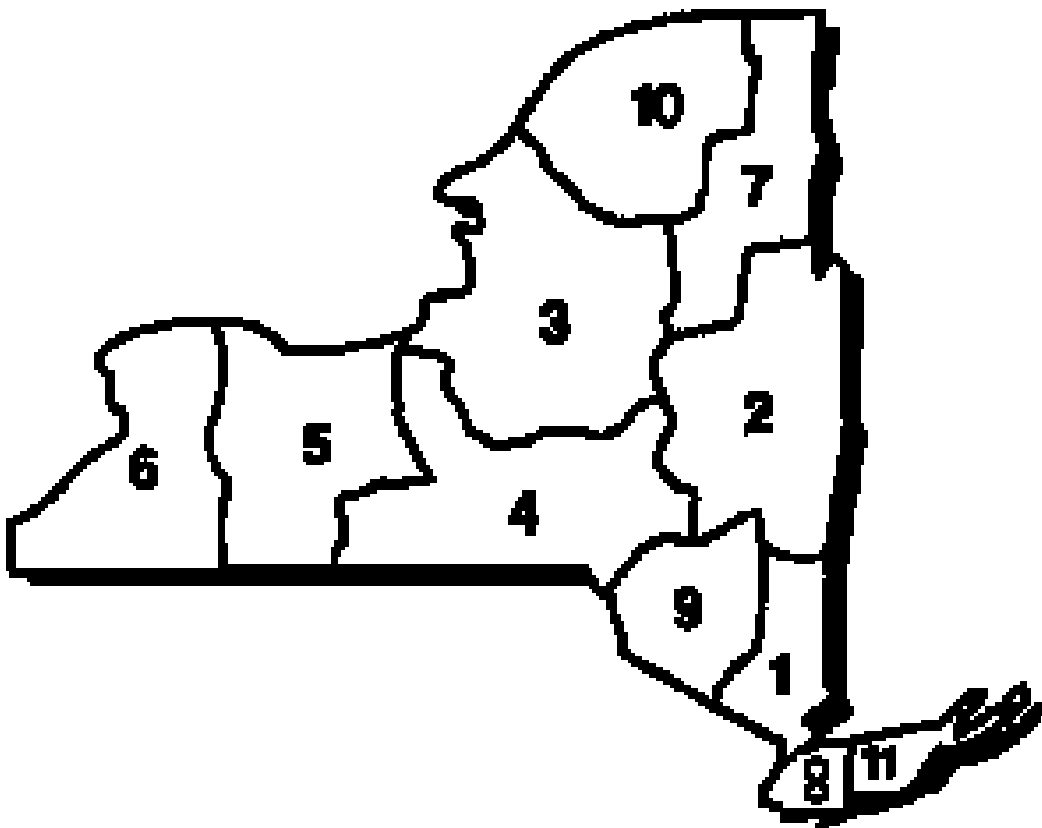
Diving-Group of the Week

<u>Week Beginning</u>	<u>Group Number</u>
December 5	100
December 12	200
December 19	400
January 2	500
January 9	300
January 16	100
January 23	200
January 30	300

First dive shall be the voluntary dive from the required group Maximum Degree of Difficulty will be 1.8

Divisional championship required Group Number is 100.

Sectional Dive Sheets (2) one-proof of 160 pts. signed by referee and Sectional Dive Order need to be brought to Sectional Seed Meeting.



STATE SECTIONAL MAP
