

2018

Section 1 - League 2

Girls Swimming & Diving Championships

Diving Championships – SUNY Purchase College 10/19/2018

Swimming Championships – Clarkstown Felix Festa MS 10/20/2018



Section 1 – League 2 Schools:

Ardsley/Dobbs Ferry High Schools
Clarkstown: North & South High Schools
Eastchester High School
North Rockland High School
Ossining High School
Our Lady of Lourdes High School
Rye/Rye Neck/Blind Brook High Schools
Scarsdale High School
Suffern High School
White Plains High School

USA Swimming/Metropolitan Swimming Sanction #: 181082-OB

Section 1 – League 2
Girls Swimming and Diving Championships
October 19 & 20, 2018

Schedule:

Swimming:

Clarkstown Felix Festa Middle School (30 Parrott Rd., West Nyack, NY 10994), Saturday, October 20th

- Swimming: Warm Up 8:00 am, Start 9:00 am.

Diving:

SUNY Purchase College (735 Anderson Hill Rd., Purchase, NY 10577), Friday, October 19th

- Diving: Warm Up 3:00 pm, Start 4:30 pm.

Electronic timing:

- Facility – 8 lane, 25 yard short course competition pool; additional 8 lane warm up/down pool available.
- Hy-Tek Meet Manager software.
- Colorado timing system with touch pads, backup buttons, and 8-line scoreboard.

Warm Up Procedures:

There will be assigned lanes for Warm Up - "FEET FIRST ENTRY" only. ALL lanes will be used for lap swimming during warm-up. Lanes 2, 3, 6, and 7 will only be open for sprints; lanes 1 & 8 for pace from 8:40-8:50 am. Competition pool will be closed at 8:50 am. Use of the additional warm up/down pool is available throughout the course of the meet. There will be a **20 minute break** after the 50 free and **5 minute break** after the 500 free.

Swimming Warm Up Schedule (Pool deck will be open at 7:45 am):

General Warm Up	8:00-8:40 am	Open to all teams
Sprint/Pace lanes	8:40-8:50 am	Lanes 2, 3, 6 & 7 Open for sprint lanes Lanes 1, 4, 5 & 8 Open for lap swimming/pace lanes

Competition Pool will be closed promptly at 8:50am

Entries:

See Section 1 website (www.section1swim.com) for online entry (OME) procedure and deadline information

All entry times must be taken from HIGH SCHOOL COMPETITIONS during the **2018** season.

Swimming Entries:

- Individual - Entry cards for individual events will not be required.
- Relay – Entry cards are required and are to be brought to the blocks with the swimmers.
- Each team may enter (4) contestants in each individual event and one relay team in each relay event. Athletes may participate in a maximum of either (a) two individual events and two relays or (b) one individual event and 3 relays.
- All relay cards must clearly identify the lead swimmer. In the absence of aforementioned it is understood the first person listed on the entry card is the lead-off swimmer.

Diving Entries:

(Section 1) Please contact **Paul McClintock** (tockswim@msn.com) for event information and entry deadlines.

- Section 1 - League 2 Diving - Six (6) dive contestants will use dive 101 (front dive) as the required dive.

Officials and Coaches Meeting:

There will be a coaches/officials meeting on Saturday, October 20th, 8:45 am. All meet information will be discussed at this time. **All participating teams will need to provide three (3) timers per assigned lane for back up purposes for the entire meet session.**

Eligibility:

The meet is open to all Section 1 – League 2 teams who are certified members of the National Federation of State High School Associations (NFHS). Entries are limited to 7th to 12th grade athletes. No independent athletes will be permitted to compete in this meet. **2018 NFHS Swimming and Diving Rules and Regulations** will be followed accordingly.

This is a **USA Swimming/Metropolitan LSC Sanctioned** competition. All certified times will be registered in the USA-SWIMS database. **USA Swimming/Metropolitan Swimming Sanction #: 181082-OB**

Scoring:

Top 16 places will score (See **NFHS Swimming and Diving Rules and Regulations**)

Points for individual events are:

- Places 1st- 8th: 20, 17, 16, 15, 14, 13, 12, 11
- Places 9th- 16th: 9, 7, 6, 5, 4, 3, 2, 1

Points for relay events are **DOUBLE**.

Awards:

Section 1 - League 2 Champions - Medals for 1st, 2nd and 3rd place finishers.

- A team plaque will be awarded to the League Champion.
- Awards for each event will be awarded at the completion of the following event (ie. Medley Relay at the end of the 200 Free, etc.).

Team Seating:

All teams will be accommodated with deck seating. With the exception of swimmers, coaches, officials, timers, and event volunteers, **NO OTHER PERSONS ARE PERMITTED ON THE POOL DECK.**

NOTE: It is highly recommended that no valuables be brought to the meet.

Clarkstown CSD is not responsible for any lost or stolen property.

Team and Spectator Conduct:

All student/athletes and spectators are expected to represent their schools in an appropriate and sportsmanlike manner. Security guards will be on duty throughout the meet (hallways and in gymnasium). **Clarkstown CSD** reserves the right to remove any student/athlete or spectator if their behavior is deemed to be unsafe or un-sportsmanlike.

**PLEASE MAKE SURE THAT YOUR TEAM AREA IS CLEANED OF ALL DEBRIS UPON DEPARTURE.
Your cooperation is greatly appreciated**

Admission – **\$5.00** per person.

Concessions:

There will be a concession area for all spectators and athletes in the hallway outside of the spectator area.
There will be a coach and officials hospitality table outside of the pool office.

Coaches and Athletic Directors - If there are any questions please do not hesitate to contact me at:

Cell: (914) 330-1986

E-mail: theotomljanovich@gmail.com

Best of luck to all swimmers and divers!

Thank you,

Theo Tomljanovich

Meet Director

Head Coach

Clarkstown Varsity

Swimming & Diving

Directions to Clarkstown Felix Festa MS

(30 Parrott Road, West Nyack, NY 10994)

From the North: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

From the South: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the East or West: Take the NYS Thruway (I-87) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road (behind Felix Festa MS). The entrance for the pool is down the walkway at the end of the tennis courts.