

Girls Varsity Swim League 3 Championship Meet
Saturday, October 20, 2018 @ 9am
Peekskill Middle School
212 Ringgold St., Peekskill, NY
Admission: \$5

WARM UP: There will be four warm-up sessions to provide ample time for the swimmers to warm-up safely.

Session 1: 7:20am-7:40am – Lns 1,2-Peekskill, Lns 3,4-Yorktown, Lns 5,6-Lakeland
Session 2: 7:40am-8:00am – Lns 1,2- New Ro, Lns 3,4- Brewster, Lns 5,6 Byram Hills
Session 3: 8:00am-8:20am – Lns 1,2- Arlington, Lns 3,4- Poughkeepsie, Lns 5,6- JJEF
Session 4: 8:20am-8:40am – Lns 1,2-TappenZee, Lns 3,4-PearlRiver, Lns 5,6- Sprints
8:40am-8:50am – DIVES

PROCEDURES:

Enter the pool from the starting end of the pool deck
Feet entry only, NO diving until designated period
Follow established rules of the aquatic facility
Follow the directions of the meet marshal
Violation of the warm-up procedures may result in disqualification from the meet.

Coaches Meeting: 8:45am

Meet Start: 9:00am

Scratch sheets will be available at the start of the warm up session and must be returned by 8:30. **NO EXCEPTIONS.**

High School championship rules and Section 1 procedures will govern the meet:
4 Entries per individual event and 1 relay per event

****Buses arrive at Washington St entrance (West side of the building) ONLY**

After drop off, buses can park in the High School parking lot (1072 Elm St.)

****Spectators arrive at Ringgold St entrance (East side) ONLY**

Teams will be in the gymnasium.
No food or drinks in the gym - only in the cafeteria across the hall. Please clean up your team's area when the meet is over.

No tents, frisbees or ball play in the gym during the meet.

Absolutely no food or glass containers will be allowed on pool deck at any time.

ONLY SWIMMERS & COACHES ALLOWED IN THE GYMNASIUM